

## **Introduction to the Craniosacral System and Neuromotor Dysfunction About the Authors**

Richard C. MacDonald is an Osteopathic Physician, receiving his Doctor of Osteopathic Medicine from Kirksville College of Osteopathic Medicine and Surgery. He was visiting clinician at Michigan State University, University of New England and faculty at the Upledger Institute. He served as Director of Osteopathic Medicine at Waterville Osteopathic Hospital in Maine and received the Maine Osteopathic Association Distinguished Service Award.

Christine A. Nelson, Ph.D., OTR, FAOTA, NDT Coordinator Instructor was Clinical Director at Centro de Desarrollo de Cuernavaca, Mexico. Dr. Nelson held a degree in Occupational Therapy from Virginia Commonwealth University, a Masters degree in Child Development from the University of Wisconsin and a Doctorate in Human Development from the University of Maryland. Dr. Nelson was a Fellow of the American Occupational Therapy Association and an NDT Coordinator Instructor in the 8 Week Pediatric Course and the Advanced Baby Treatment Course. She was internationally recognized for her teaching and clinical expertise and authored numerous chapters in texts, articles and clinical video programs. Dr. Nelson was a former recipient of the Advancement in Science Award from the Neuro Optometric Rehabilitation Association.

### **Topic/Hours Granted**

This is a text and video article. Read the article and watch the video when prompted in the article.

Granted 1 contact hours (.1 CEUs, 1.25 PDUs).

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1 contact (clock) hour is equivalent to .1 CEUs (Standardized by the Federal Task Force on Continuing Education and the International Association for Continuing Education and Training. All national therapy associations and license boards follow this conversion). 1 contact (clock) hour is equivalent to 1.25 NBCOT PDUs.

License boards that specify requirements as credit hours, credit units, credits etc. are referring to contact (clock) hours. License boards that specifically require CEUs are referring to the CEU conversion from contact hours.