

# **Improving Performance in Adults with Cerebral Palsy: A Long Distance Consultation Model**

## **About the Authors**

**W. Michael Magrun, M.S., OTR/L** is an NDT certified therapist in pediatric treatment and baby treatment. He is a former instructor in pediatric therapy at SUNY at Buffalo and the University of Central Arkansas. His clinical experience ranges from institutional and clinic settings to school settings and private practice. He has published articles in a number of journals and published several manuals and videos on various aspects of pediatric assessment and treatment. He is a consulting therapist at Mentas con Alas in Torreon, Mexico.

**Alejandra Colores, PTA** is a physical therapy assistant from Torreon, Mexico. She is the primary therapist and Director of Therapy at Mentas con Alas in Torreon, Mexico.

**Ruth Berlanga de Avila** is the Founder and Director of Mentas con Alas in Torreon, Mexico. She is the mother of an adult son with cerebral palsy and started a non-profit program in Torreon, Mexico: Mentas con Alas, to address the issues of her son as well as other adults with cerebral palsy within her community.

## **Topic/Hours Granted**

This is a text only article. Granted 1 Contact Hour (.1 CEUs, 1.25 PDU's)

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1 contact (clock) hour is equivalent to .1 CEUs (Standardized by the Federal Task Force on Continuing Education and the International Association for Continuing Education and Training. All national therapy associations and license boards follow this conversion.)

1 contact (clock) hour is equivalent to 1.25 NBCOT PDU's

License boards that specify requirements as credit hours, credit units, credits etc. are referring to contact (clock) hours.

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