

The Treatment of Adult Hemiplegia Basic Course

Video and discussion of basic handling skills. Techniques for establishing alignment, upper and lower extremity weight bearing, sit to stand and stepping.



Handling Skills Manual



**Video instruction of
basic handling skills**



**Facilitation of
alignment, weight
bearing, standing and
stepping**



Streaming Video

Watch Extensive Previews
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The Treatment of Adult Hemiplegia Basic Course



- Step-by-step manual is combined with instructional video demonstrating basic handling skills.
- How to establish correct alignment.
- How to promote upper and lower extremity weight bearing.
- How to establish sit to stand and stepping.



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 clinician's view®

The Treatment of Adult Hemiplegia Basic Course



Learning Objectives

1. Identify the need to correct alignment.
2. Identify the requirements for establishing movement over the base.
3. Identify ways to establish upper and lower extremity weight bearing.
4. Identify ways to facilitate sit to stand and stepping.

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Isabelle M. Bohman, received her B.S. in Physical Therapy from Northwestern University and her M.S. in Physical Therapy from the University of Illinois. She was Assistant Professor of Physical Therapy and acting Director of Physical Therapy at Washington University, St. Louis.

She has extensive experience as a staff therapist as well as supervisory experience in acute care, rehabilitation and long term care facilities. She has in-depth training in therapeutic exercise and is certified in Neuro-Developmental Treatment. She studied and worked extensively with Berta and Karl Bobath and is an NDT Certified Co-ordinator Instructor in Adult Hemiplegia. She is a recipient of the Bobath Award of Excellence from the NDTA for outstanding contributions to the advancement of theory and practice in the Neuro-Developmental Treatment Approach.



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Topic Outline

Handling Skills Manual (148 page text)

Correcting Alignment (5 min.)

Movement Over the Base of Support (4 min.)

Upper Extremity Weight Bearing (19 min.)

Upper Extremity Weight Bearing on a Slanted Surface (4 min.)

Lower Extremity Weight Bearing (11 min.)

Sit to Stand (13 min.)

Facilitating Stepping (13 min.)

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