

The Treatment of Adult Hemiplegia

Extensive video and discussion of handling skills. Numerous variations of handling skill facilitation and patient treatment demonstrations. An exceptional resource to enhance your students clinical skills. Over 16 hours of video demonstrations. An unparalleled opportunity for student learning.



Handling Skills Manual
and handouts



Extensive video of each
handling skill



Numerous examples of
variations in facilitation



Patient treatment
demonstrations



Watch Extensive Previews
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The Treatment of Adult Hemiplegia



- Step-by-step manual is combined with instructional video demonstrating each handling skill.
- Numerous examples show variations in handling based on specific patient problems.
- Lecture and discussion clarify handling skills and how to make clinical decisions to determine techniques.
- Patient demonstrations provide clinical problem solving understanding.



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 clinician's view[®]

The Treatment of Adult Hemiplegia



Learning Objectives

1. List the basic concepts of physical handling.
2. List the normal movement components of sitting and standing.
3. Identify ways to analyze postural components.
4. Observe ways to facilitate dynamic sitting, standing, and walking.
5. Observe treatment problem solving and application.
6. Identify the movement components of bed mobility.

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Isabelle M. Bohman, received her B.S. in Physical Therapy from Northwestern University and her M.S. in Physical Therapy from the University of Illinois. She was Assistant Professor of Physical Therapy and acting Director of Physical Therapy at Washington University, St. Louis.

She has extensive experience as a staff therapist as well as supervisory experience in acute care, rehabilitation and long term care facilities. She has in-depth training in therapeutic exercise and is certified in Neuro-Developmental Treatment. She studied and worked extensively with Berta and Karl Bobath and is an NDT Certified Co-ordinator Instructor in Adult Hemiplegia. She is a recipient of the Bobath Award of Excellence from the NDTA for outstanding contributions to the advancement of theory and practice in the Neuro-Developmental Treatment Approach.



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The Treatment of Adult Hemiplegia

Topic Outline

- Handling Skills Manual (148 page text)
- Movement Components (30 min.)
- Movement Lab (55 min.)
- Patient Problems (28 min.)
- Handling Skills (24 min.)
- Mobilization (General Stretching Skills) (62 min.)
- Increasing Anterior Lumbar Range (9 min.)
- Correcting Alignment while Increasing Lumbar Range (5 min.)
- Shoulder Girdle Mobilization (68 min.)
- Increasing Lateral Range of the Trunk (10 min.)
- Increasing Thoracic Extension (3 min.)
- Inhibition of the Hand (31 min.)
- Movement Over the Base of Support (4 min.)
- Facilitating Anterior-Poster Pelvic Tilt from the Side (21 min.)

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The Treatment of Adult Hemiplegia

Topic Outline Continued

- Facilitating Anterior-Poster Pelvic Tilt from the Front (19 min.)
- Facilitating Lateral Pelvic Tilt from the Side (9 min.)
- Facilitating lateral pelvic tilt from the Front (3 min.)
- Facilitating Scooting Forward (22 min.)
- Facilitating Scooting Backward (26 min.)
- Concepts in Upper Extremity Weight Bearing (18 min.)
- Facilitating Upper Extremity Weight Bearing in Sitting (38 min.)
- Facilitating Upper Extremity Weight Bearing on a Slanted Surface (11 min.)
- Alignment and Treatment Ideas for the Upper Extremity (35 min.)
- Facilitating Lower Extremity Weight Bearing in Sitting (33 min.)
- Facilitating Sit to Stand from the Side (38 min.)
- Facilitating Sit to Stand from the Front (26 min.)
- Facilitating Transfers (35 min.)

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The Treatment of Adult Hemiplegia

Topic Outline Continued

- Facilitating Standing Activities (37 min.)
- Components of Gait (39 min.)
- Facilitating Stepping (77 min.)
- Pusher Syndrome (28 min.)
- Facilitation Climbing Stairs (30 min.)
- Facilitating Walking (21 min.)
- Facilitating Positioning and Bed Mobility (65 min.)
- Patient Treatment Demonstrations (65 min.)
- Bed Mobility Patient Demonstration (25 min.)

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