

Joint Mobilization for the Neurologically Impaired Child

About the Speaker

Sandy Brook-Scott, MS, PPT, PCS, is a physical therapist practicing in St. Louis, MO. She holds a BSPT from the University of Missouri, and MSPT from the University of North Carolina, and is a PHD candidate at St. Louis University. She is certified in Sensory Integration and Neurodevelopmental Treatment for both pediatrics and baby treatment, and is an APTA board certified pediatric specialist. She is the author of a book on mobilization and has presented numerous seminars on joint mobilization across the country.

Joint Mobilization for the Neurologically Impaired Child Topic Index

Disc 1 (Parts 1 & 2)

Introduction to Joint Mobilization	67 min.
Bone Development.....	12 min.
Contraindications.....	30 min.
Joint Characteristics	6 min.

Total Time Disc 1 (1 hour 55 min.)

Disc 2 (Parts 3 & 4)

Joint Characteristics	43 min.
The Hip	30 min.
Patient Demonstration.....	41 min.

Total Time Disc 2 (1 hour 54 min.)

Disc 3 (Parts 5 & 6)

The Hip Ligaments	35 min.
Mobilization Techniques for the Hip.....	18 min.
The Foot	62 min.

Total Time Disc 3 (1 hour 55 min.)

Disc 4 (Parts 7 & 8)

Patient Demonstrations	64 min.
Open-Pack & Closed-Pack Joint Positions and Movement.....	21 min.
Mobilization Techniques for the Foot.....	19 min.
The Shoulder	14 min.

Total Time Disc 4 (1 hour 58 min.)

Disc 5 (Parts 9 & 10)

The Shoulder	36 min.
Mobilization Techniques for the Shoulder	15 min.
The Wrist & Hand.....	9 min.
Mobilization Techniques for the Wrist and Hand.....	31 min.

Patient Demonstration..... 21 min.
Total Time Disc 5 (1 hour 52 min.)

Disc 6 (Parts 11 & 12)

Strengthening Issues & Patient Demonstration 16 min.
The Elbow and Mobilization of the Elbow 10 min.
The Knee and Mobilization of the Knee..... 8 min.
The Spine 27 min.
Mobilization of the Spine..... 5 min.
The SI Joint and Mobilization of the SI Joint 12 min.
Patient Demonstration..... 32 min.
Aspects of Gait and Stance 10 min.
Total Time Disc 6 (2 hours)

Total Viewing Time 11 Hours 34 Min. Total Time Granted for Written Material 1 Hour.
Total Contact Hours 12.5/ 1.25 CEUs