

**About The Speaker**  
**Isabelle M. Bohman, M.S., P.T.**

B.S. from Northwestern University on Physical Therapy  
M.S. from University of Illinois

Was assistant professor of physical therapy and served as Acting Director of Physical Therapy at Washington University, St. Louis

Extensive clinical experience as a staff therapist as well as in a supervisory role in acute care, rehabilitation and long term care facilities.

In depth training in therapeutic exercise and Neuro-Developmental (Bobath) Treatment in the area of adult hemiplegia and brain injury. Studied and worked with Berta and Dr. Karl Bobath in London, England. Certified as an NDT Coordinator Instructor in Adult Hemiplegia.

Presently continues to consult and teach NDT courses and seminars. She is one of a few individuals that have extensive training directly from the Bobath's. Received the Bobath Award of Excellence in 1990 for outstanding contributions to the advancement of the theory and practice of the Neuro-Developmental Treatment Approach.

**Topic Index**

Part 1 (107 Min.)

Introduction

Carrying a Cup and Sitting in a Chair

Opening a Door

Walking Up and Down Stairs

Walking Up and Down and Incline and Curb

Picking Up an Object

Part 2 (67 Min.)

Introduction

Treatment Strategies for Client 1

Treatment Strategies for Client 2

Treatment Strategies for Client 3

Total Time Granted: 2.5 contact Hours/ .25 CEUs/ 3.125 PDUS